

# Clinical Development Challenges: Trial Designs and Endpoints

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I have financial relationship(s) with:

*Research grant: Crucell*

*Advisory Boards: Crucell, AIMM therapeutics, MedImmune, Avi Biopharma*

**AND**

My presentation **does** include discussion of off-label or investigational use of antivirals.

# Placebo-controlled RCTs of neuraminidase inhibitors: mostly in previously healthy people with mild flu

ARTICLES

Articles

## Efficacy and safety of oseltamivir in treatment of acute influenza: a randomised controlled trial

R.G. Nicholson, F.Y. Aoki, A.D.M.E. Osterhaus, S. Trotter, O. Carniciz, C.N. Merzler, A. Rode, N. Almersey, P. Ward, on behalf of the Neuraminidase Inhibitor R0 Treatment Investigator Group\*

- Symptom relief as primary endpoint

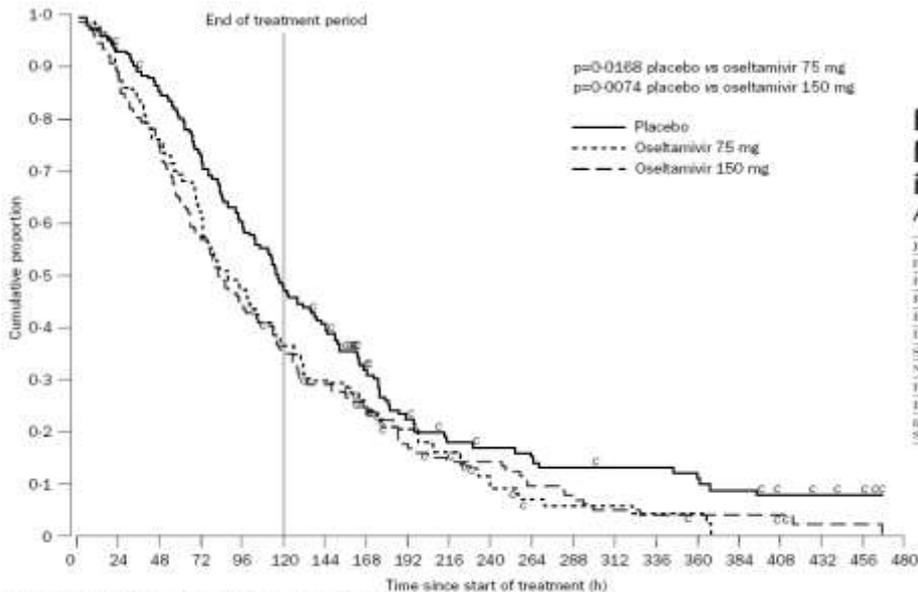


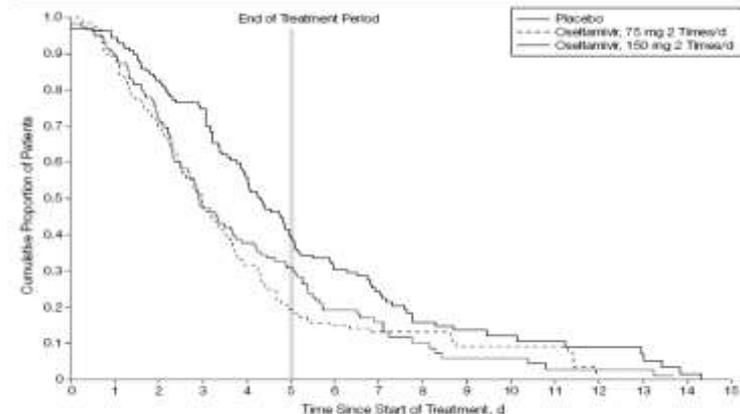
Figure 2: Time (h) to resolution of all symptoms in influenza-infected patients  
censored patients who withdrew before resolution of symptoms.

Lancet 2000; 355: 1845–50

## Efficacy and Safety of the Oral Neuraminidase Inhibitor Oseltamivir in Treating Acute Influenza: A Randomized Controlled Trial

John J. Treanor, MD  
Frederick C. Hayden, MD  
Peter S. Viswanan, MD  
Rick Barbarash, PharmD  
Robert Betts, MD  
Dennis Bell, MD  
Sudesh Singh, MD  
Nelson Kimmersley  
Penelope Ward, MD  
Rigor G. Mills, MD  
for the US Oral Neuraminidase Study Group

Figure 2. Time to Alleviation of All Symptoms in Influenza-Infected Patients



Participants with missing values were censored. One patient (not shown, oseltamivir, 75-mg group) had a censored value of 20.3 days.  $P < .001$  for placebo vs oseltamivir, 75 mg twice daily;  $P = .006$  for placebo vs oseltamivir, 150 mg, twice daily.

# Observational studies point to benefits of oseltamivir treatment in hospitalized patients

Effectiveness of neuraminidase inhibitors in reducing mortality in patients admitted to hospital with influenza A H1N1pdm09 virus infection: a meta-analysis of individual participant data

	Crude analysis		Adjusted* analysis	
	OR (95% CI)	p value	OR (95% CI)	p value
Laboratory confirmed or clinically diagnosed, all ages; n=29 234	0.92 (0.81-1.05)	0.21	0.81 (0.70-0.93)	0.0024
Laboratory confirmed cases, all ages; n=25 001	0.94 (0.81-1.09)	0.42	0.82 (0.70-0.95)	0.0104
Adults (≥16 years); n=19 816	0.82 (0.70-0.95)	0.0071	0.75 (0.64-0.87)	0.0002
Children (<16 years); n=9218	1.02 (0.73-1.42)	0.90	0.82 (0.58-1.17)	0.28
Pregnant women; n=2166	0.47 (0.24-0.90)	0.0228	0.46 (0.23-0.89)	0.0215
Critical care patients				
Adults (≥16 years); n=5103	0.74 (0.57-0.95)	0.0187	0.72 (0.56-0.94)	0.0155
Children (<16 years); n=1725	0.84 (0.52-1.37)	0.49	0.70 (0.42-1.16)	0.17

OR=odds ratio. \*Adjusted for treatment propensity (by quintile), corticosteroid use, and antibiotic use.

Table 2: Neuraminidase inhibitor treatment (at any time) versus none

# Antivirals for influenza: current state of affairs

- Licensed agents only for treatment of ***acute uncomplicated*** flu
  - Adamantanes:
    - amantadine, rimantadine
    - not recommended due to resistance in circulating strains
  - Neuraminidase inhibitors:
    - oseltamivir (oral), zanamivir (inhaled)
    - US, Japan, S Korea: peramivir (IV); Japan: laninamivir (inhaled)
- No licensed agents for treatment of ***serious/hospitalized*** flu

# Guidelines recommend (off-license) use of oseltamivir for severe influenza

## WHO Guidelines for Pharmacological Management of Pandemic Influenza A(H1N1) 2009 and other Influenza Viruses

Revised February 2010



**Rec 01:** Patients who have severe or progressive clinical illness should be treated with oseltamivir as soon as possible. (Strong recommendation, low quality evidence.)

# Mind the gap



## “Rational believers”

- Flu is caused by influenza viruses and can be severe
- Oseltamivir inhibits flu viruses
- Proven efficacy for uncomplicated flu
- Observational studies strongly suggest efficacy for severe flu



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Treat patients with severe disease and those at risk for severe disease

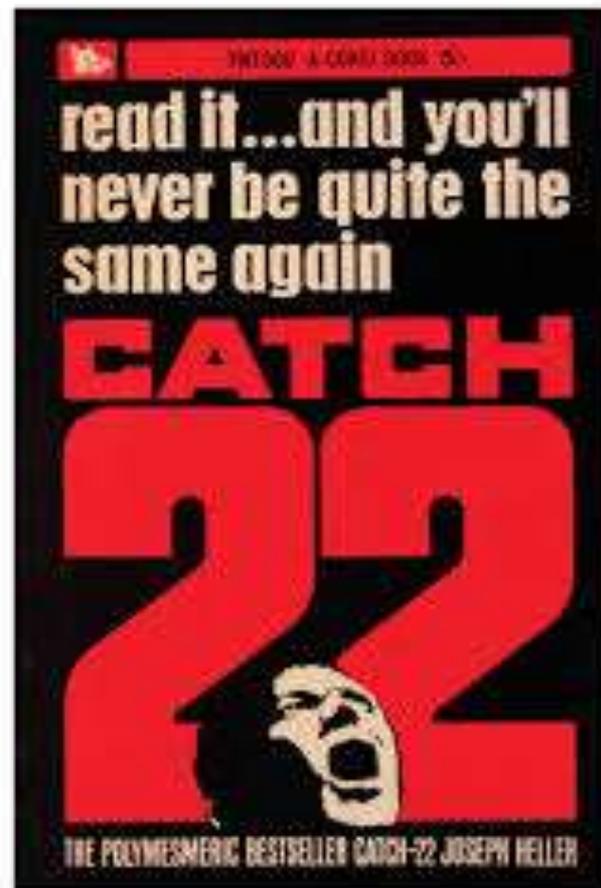
## “Rational non-believers”

- No evidence from RCTs



Not rational to treat at present

How to determine efficacy of new antivirals in patients with severe influenza?



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# Guidance for Industry Influenza: Developing Drugs for Treatment and/or Prophylaxis

U.S. Department of Health and Human Services  
Food and Drug Administration  
Center for Drug Evaluation and Research (CDER)

April 2011

<b>B. Specific Efficacy Considerations for Phase 3 Trials</b> .....	<b>10</b>
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# Efficacy studies in severe hospitalized influenza are very complicated

- No formal demonstration of clinical efficacy for any antiviral
  - *FDA: active-controlled non-inferiority trial is not an option*
- Current treatment guidelines prevent placebo controls
  - *FDA: dose-response, or superiority when added to 'standard of care'*
- No validated efficacy endpoints
  - *FDA: endpoints should demonstrate improvement in how the patient feels, functions or survives; primary virological endpoint not appropriate.*

# Evaluation of Intravenous Peramivir for Treatment of Influenza in Hospitalized Patients

Menno D. de Jong,<sup>1</sup> Michael G. Ison,<sup>2</sup> Arnold S. Monto,<sup>3</sup> Hristo Metev,<sup>8</sup> Carol Clark,<sup>4</sup> Brian O'Neil,<sup>5</sup> Jenna Elder,<sup>6</sup> Amy McCullough,<sup>7</sup> Phil Collis,<sup>7</sup> and William P. Sheridan<sup>7</sup>

**Clinical Infectious Diseases**<sup>®</sup> 2014;59(12):e172–85

- Superiority trial: peramivir vs placebo added to standard-of-care (SOC)
- Primary efficacy analysis in population *not* receiving oseltamivir as SOC
- Hospitalized patients, broad inclusion criteria, broad geography
- Primary endpoint: time to clinical resolution (TTCR)  
= resolution  $\geq$  4 of 5 vital signs:

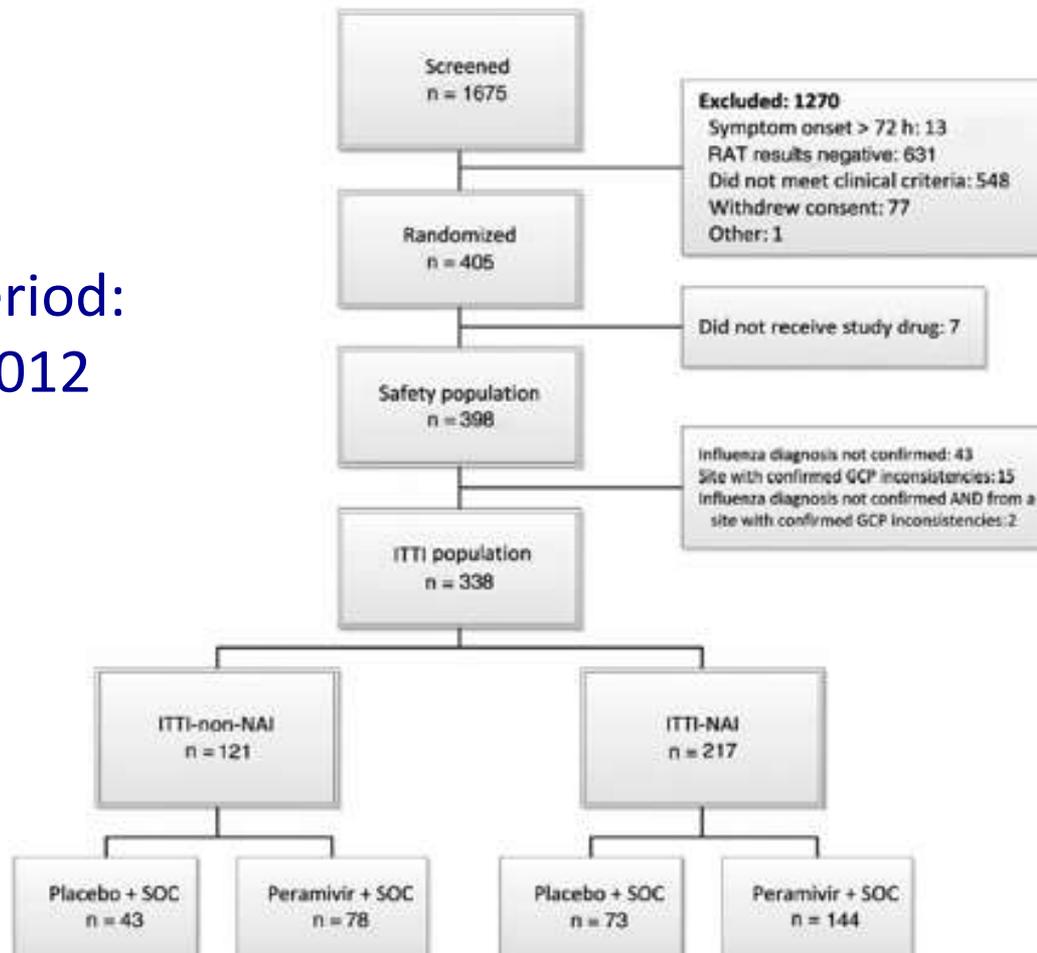
Assessment	Modality and Frequency	Resolution Criteria	
		Children <sup>a</sup>	Adolescents and Adults <sup>a</sup>
Temperature	Thrice daily while hospitalized, once daily after discharge; all temperature measurements were performed $\geq$ 4 h after administration of antipyretic medication using a study-supplied electronic thermometer	$\leq$ 37.2°C oral or $\leq$ 37.8°C rectal or tympanic	$\leq$ 37.2°C oral or $\leq$ 37.8°C rectal or tympanic
Oxygen saturation	Thrice daily while hospitalized	$\geq$ 92%	$\geq$ 92%
Respiration rate	Thrice daily while hospitalized	$\leq$ 30/min	$\leq$ 24/min
Heart rate	Thrice daily while hospitalized	$\leq$ 110/min	$\leq$ 100/min
Systolic blood pressure	Thrice daily while hospitalized	$\geq$ 80 mmHg	$\geq$ 90 mmHg

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Clinical Infectious Diseases<sup>®</sup> 2014;59(12):e172–85

Study period:  
2009-2012



# Evaluation of Intravenous Peramivir for Treatment of Influenza in Hospitalized Patients

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**Clinical Infectious Diseases**<sup>®</sup> 2014;59(12):e172–85

**Table 5. TTCR for ITTI Non-NAI SOC Population and ITTI NAI SOC Population**

Subjects	TTCR, Median (95% CI), h <sup>a</sup>			
	ITTI Non-NAI SOC Population <sup>b</sup>		ITTI NAI SOC Population <sup>c</sup>	
	Placebo + SOC	Peramivir + SOC	Placebo + SOC	Peramivir + SOC
All subjects	49.5 (40.0–61.9) (n = 43)	42.5 (34.0–57.9) (n = 78) <sup>d</sup>	48.9 (31.0–65.8) (n = 73)	41.8 (30.9–56.8) (n = 144) <sup>e</sup>
Symptoms ≤48 h at randomization	58.2 (37.0–71.1) (n = 32)	42.9 (35.4–63.0) (n = 50)	48.4 (35.7–80.1) (n = 38)	41.8 (27.8–67.3) (n = 76)
Symptoms >48 h at randomization	40.0 (20.0–42.5) (n = 11)	36.0 (23.3–65.0) (n = 28)	31.0 (18.9–62.0) (n = 35)	36.0 (25.0–61.4) (n = 68)
Admitted to ICU at baseline				
Yes	50.2 (7.8–61.9) (n = 8)	31.5 (22.8–47.5) (n = 15)	49.5 (37.0–65.5) (n = 35)	46.3 (38.3–64.0) (n = 63)
No	49.5 (37.0–65.5) (n = 35)	46.3 (38.3–64.0) (n = 63)	38.8 (25.0–60.8) (n = 66)	36.2 (27.8–48.3) (n = 132)

placebo vs peramivir

➤ Study terminated prematurely for futility after preplanned interim analysis

# Evaluation of Intravenous Peramivir for Treatment of Influenza in Hospitalized Patients

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**Clinical Infectious Diseases**® 2014;59(12):e172–85

## The challenges encountered:

- Patient enrollment (n = 405)
  - Long study period (2009-2012), 6 influenza seasons
  - >300 sites, 21 countries:
    - no enrollment from > 70% of sites; 6% of sites enrolled 63% of patients
    - ≈ 90% of non-NAI SOC patients enrolled from India/Eastern Europe
- Heterogeneous patient population
  - broad spectrum of illness severity
  - ≈ 70% comorbidities and/or age > 60 years
  - variety of influenza (sub)types
- Unvalidated clinical endpoint (TTCR)

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# **Guidance for Industry Influenza: Developing Drugs for Treatment and/or Prophylaxis**

**U.S. Department of Health and Human Services  
Food and Drug Administration  
Center for Drug Evaluation and Research (CDER)**

**April 2011**

Because outbreaks of influenza are unpredictable and enrollment of serious or hospitalized patients probably will be more difficult than enrollment of uncomplicated cases, sponsors should consider collaborating with clinical trial networks with a wide range of sites.

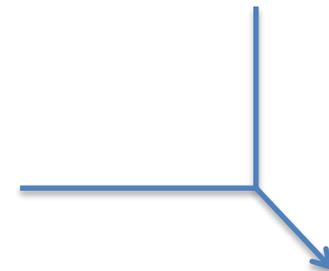
# Effect of double dose oseltamivir on clinical and virological outcomes in children and adults admitted to hospital with severe influenza: double blind randomised controlled trial

BMJ 2013;346:f3039

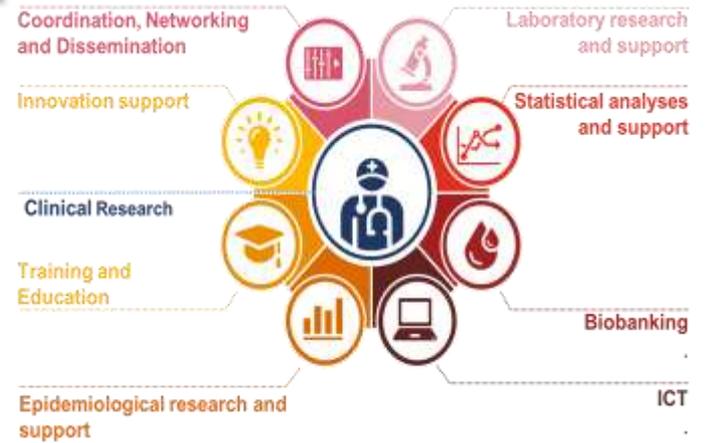
South East Asia Infectious Disease Clinical Research Network

- 2007 – 2010
- 13 hospitals, 4 countries
- 699 screened, 326 randomized





*In early development:*



**European Clinical Research organization for  
Antimicrobial resistance and emerging  
Infectious Diseases  
(ECRAID)**

# Smarter trial designs to improve efficiency



- Traditional RCTs:
  - long, slow & expensive to conduct
  - provide ‘average’ answers
    - fail to capture the nuances of real-life clinical care
- Adaptive design RCTs:
  - takes advantage of accumulating data during trial
  - earlier answers by *response-adaptive randomisation*
    - more patients randomized to effective intervention
    - reduce imbalances of subgroups between study arms
    - detect efficacy ‘signals’ in subgroups
  - flexible
    - test several interventions concurrently
    - add & delete study arms



# Evaluation of Intravenous Peramivir for Treatment of Influenza in Hospitalized Patients

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# Definition of severe influenza requiring hospitalization?

- Reasons for admission vary, *e.g.*
  - Primary influenza viral pneumonia
  - Secondary bacterial pneumonia
  - Additional organ or systemic failure such as ARDS or shock
  - Exacerbation of underlying chronic illness such as diabetes, COPD, CHF
  - etcetera
  
- Thresholds for admission vary
  - Depending on comorbidity, culture, policy, socioeconomic status etc
  
- Clear case definitions of influenza severity are needed

## **ABSTRACT# O-74**

**Session Name:** Oral Abstract Session: Clinical Science

**Presentation Date:** Saturday, 27 August 2016

**Session Time:** 11:00 AM - 12:30 PM

**Oral Presentation Time:** 12:00 PM

### **Harmonizing Disease Severity Assessments in Infants and Children: The PEDSIDEA Consortium**

Maren Alchikh, Christian Hoppe, Maria-Alexandra Papagrigoriou-Theorodridou, Vassiliki Papaevangelou, Helena C. Maltezou, Brunhilde Schweiger, Barbara Rath

*Vienna Vaccine Safety Initiative, Berlin, Germany*

## **ABSTRACT# LBP-17**

**Presentation Date:** Friday, 26 August 2016

### **Use of National Early Warning System score to evaluate impact of baseline disease severity on the therapeutic outcomes in hospitalized patients with influenza illness**

Michael Ison, James Zhou, Jeremy Katzen, Yonghong Gao, Jessica Houk, John Tegeris, Melissa Willis, James King

*Northwestern University, Chicago, IL, United States*

# Evaluation of Intravenous Peramivir for Treatment of Influenza in Hospitalized Patients

Menno D. de Jong,<sup>1</sup> Michael G. Ison,<sup>2</sup> Arnold S. Monto,<sup>3</sup> Hristo Metev,<sup>8</sup> Carol Clark,<sup>4</sup> Brian O'Neil,<sup>5</sup> Jenna Elder,<sup>6</sup> Amy McCullough,<sup>7</sup> Phil Collis,<sup>7</sup> and William P. Sheridan<sup>7</sup>

**Clinical Infectious Diseases**<sup>®</sup> 2014;59(12):e172–85

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  - variety of influenza (sub)types
- Unvalidated clinical endpoint (TTCR)

# Hospitalized patient populations are heterogeneous

## Who is at high risk for developing flu-related complications?

- Children younger than 5, but especially children younger than 2 years old
- Adults 65 years of age and older
- Pregnant women
- People who have medical conditions including:
  - Asthma (even if it's controlled or mild)
  - Neurological and neurodevelopmental conditions
  - Chronic lung disease (such as COPD and cystic fibrosis)
  - Heart disease (such as congenital heart disease, CHF and IHD)
  - Blood disorders (such as sickle cell disease)
  - Endocrine disorders (such as diabetes mellitus)
  - Kidney disorders
  - Liver disorders
  - Metabolic disorders
  - Weakened immune system due to disease or medication
  - Morbid obesity (BMI of 40 or greater)

[www.cdc.gov/flu/keyfacts](http://www.cdc.gov/flu/keyfacts)

➤ Differences in the course of how patients feel, function and survive are likely..

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# **Guidance for Industry Influenza: Developing Drugs for Treatment and/or Prophylaxis**

**U.S. Department of Health and Human Services  
Food and Drug Administration  
Center for Drug Evaluation and Research (CDER)**

**April 2011**

For seriously ill influenza patients requiring hospitalization, a primary endpoint should include clinical signs and symptoms, duration of hospitalization, time to normalization of vital signs and oxygenation, requirements for supplemental oxygen or assisted ventilation, and mortality.

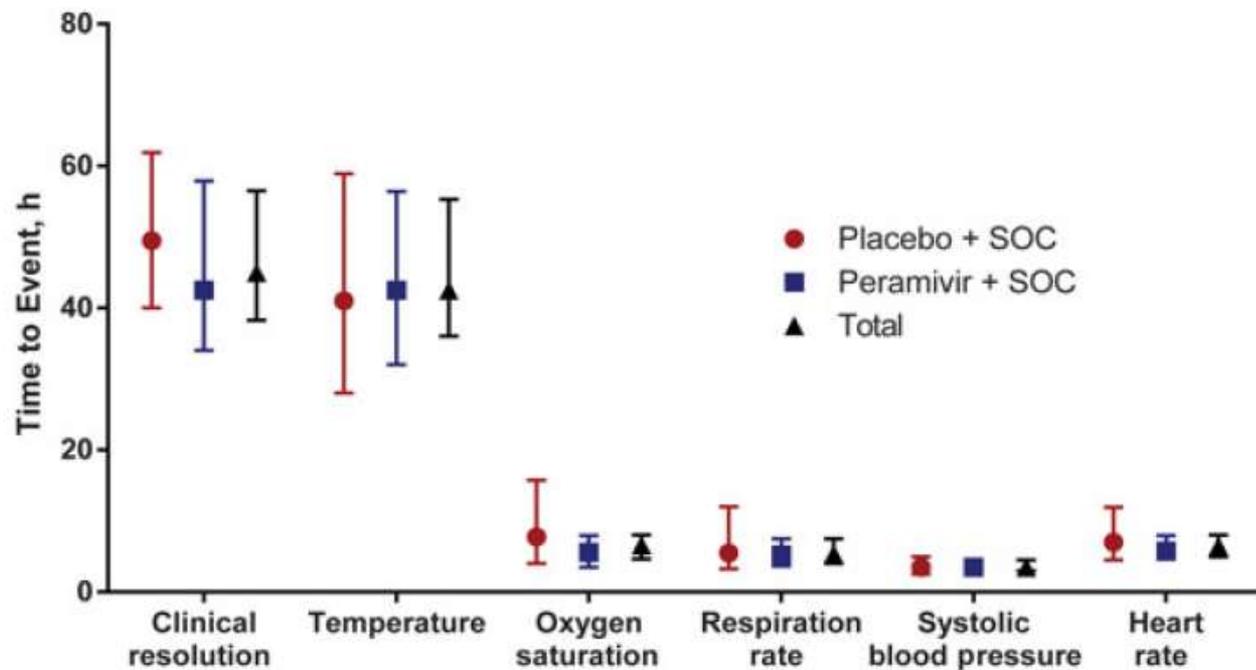
Choice of endpoint may depend on the clinical setting and/or viral strains. A single best endpoint has not been identified in seriously ill hospitalized patients.

# Evaluation of Intravenous Peramivir for Treatment of Influenza in Hospitalized Patients

Menno D. de Jong,<sup>1</sup> Michael G. Ison,<sup>2</sup> Arnold S. Monto,<sup>3</sup> Hristo Metev,<sup>8</sup> Carol Clark,<sup>4</sup> Brian O'Neil,<sup>5</sup> Jenna Elder,<sup>6</sup> Amy McCullough,<sup>7</sup> Phil Collis,<sup>7</sup> and William P. Sheridan<sup>7</sup>

Clinical Infectious Diseases<sup>®</sup> 2014;59(12):e172–85

➤ TTCR endpoint mainly driven by temperature



# Ordinal scale endpoints

- Classification of clinical status over time based on discrete categories, *e.g.*
  - a. death
  - b. in ICU
  - c. non-ICU hospitalization, requiring supplemental oxygen;
  - d. non-ICU hospitalization, not requiring supplemental oxygen
  - e. not hospitalized, unable to resume normal activities
  - f. not hospitalized, full resumption of normal activities
- .Developed by INSIGHT/NIAID, used in antibody-based RCTs

## **ABSTRACT# O-73**

**Session Name:** Oral Abstract Session: Clinical Science

**Presentation Date:** Saturday, 27 August 2016

**Session Time:** 11:00 AM - 12:30 PM

**Oral Presentation Time:** 11:45 AM

**Clinical Trials for Hospitalized Influenza Patients - Options to Improve Enrollment, Data Quality, and Define Endpoints**

Kimberly Armstrong, Karl Erlandson, Roxanne Shively, James King, John Tegeris, Melissa Willis

*Biomedical Advanced Research and Development Authority, Washington, DC, United States*

# Patient-reported outcome (PRO) measures

- Patient-reported (severity of) symptoms and other measures
- Rigorous development and validation requirements from FDA
- Feasibility and usefulness in hospitalized patients tbd

## Development and Validation of the Influenza Intensity and Impact Questionnaire (FluIIQ™)

Richard H. Osborne, BSc, PhD<sup>1,\*</sup>, Josephine M. Norquist, MS<sup>2</sup>, Gerald R. Elsworth, BSc, PhD<sup>1</sup>, Lucy Busija, BA (Hons), MSci<sup>1,3</sup>, Vinay Mehta, PhD, MS<sup>2</sup>, Tim Herring, MPH<sup>2</sup>, Swati B. Gupta, DrPH, MPH<sup>2</sup>

VALUE IN HEALTH 14 (2011) 687–699

## Development of the Flu-PRO: a patient-reported outcome (PRO) instrument to evaluate symptoms of influenza

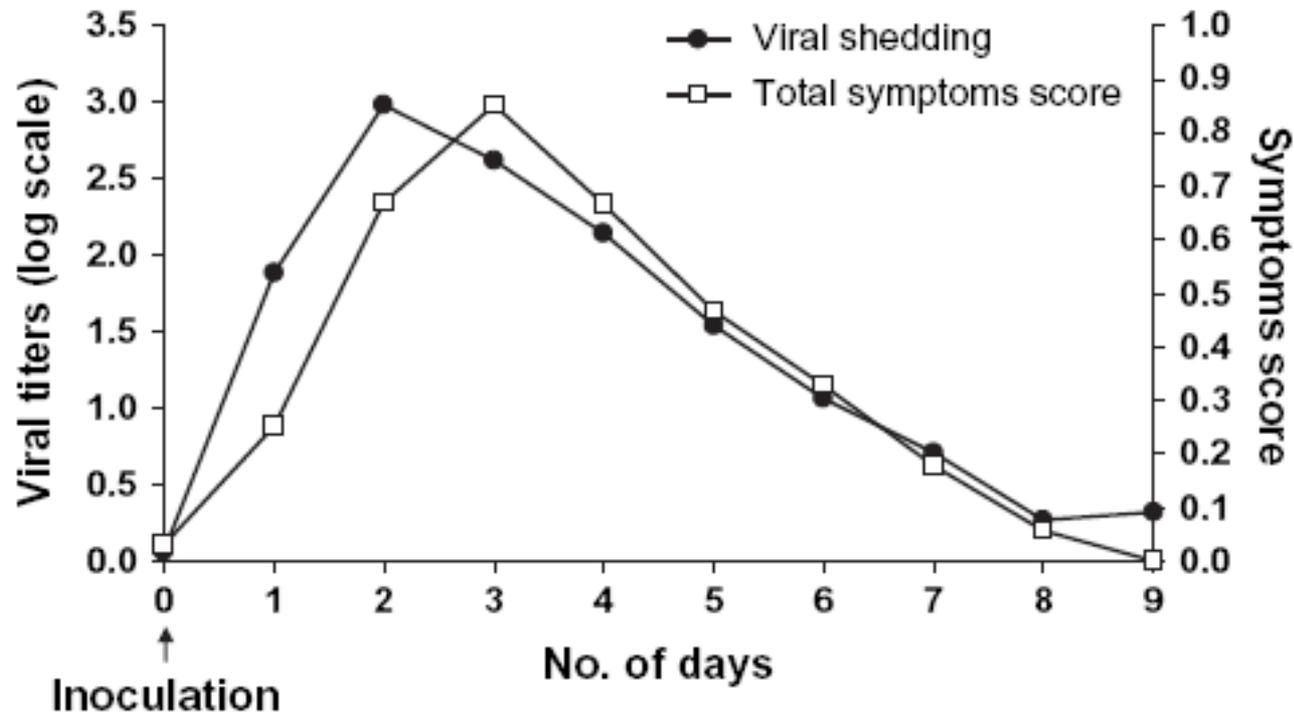
John H. Powers<sup>1,15\*</sup>, M. Lourdes Guerrero<sup>2</sup>, Nancy Kline Leidy<sup>3</sup>, Mary P. Fairchok<sup>4,5,6</sup>, Alice Rosenberg<sup>1</sup>, Andrés Hernández<sup>7</sup>, Sonja Stringer<sup>3</sup>, Christina Schofield<sup>6</sup>, Patricia Rodríguez-Zulueta<sup>6</sup>, Katherine Kim<sup>3</sup>, Patrick J. Danaher<sup>9</sup>, Hilda Ortega-Gallegos<sup>2</sup>, Elizabeth Dansie Bacci<sup>3</sup>, Nathaniel Stepp<sup>10</sup>, Arturo Galindo-Fraga<sup>2</sup>, Kristina St. Clair<sup>11</sup>, Michael Rajnik<sup>12</sup>, Erin A. McDonough<sup>13</sup>, Michelande Ridore<sup>4,5</sup>, John C. Arnold<sup>14</sup>, Eugene V. Millar<sup>4,5</sup> and Guillermo M. Ruiz-Palacios<sup>2</sup>

*BMC Infectious Diseases* (2016) 16:1

# A virological endpoint makes sense

- It's the virus that causes the disease..
  - *rapid and complete viral clearance should be a primary aim of antiviral treatment to reduce disease, resistance and transmission*
- Virological endpoints reflect antivirals' mechanism of action
  - *should virological endpoints be considered surrogate markers?*
- Virological endpoints can potentially 'neutralize' the issues of clinical endpoints in hospitalized populations
- Virus shedding correlates with clinical measures

# Viral shedding correlates with symptoms in human volunteer studies (meta-analysis 56 studies, 1280 volunteers)



- » 2-3 log higher viral load in symptomatics than in asymptomatics
- » positive correlation between viral load and illness severity

# Viral shedding correlates with symptoms in uncomplicated influenza

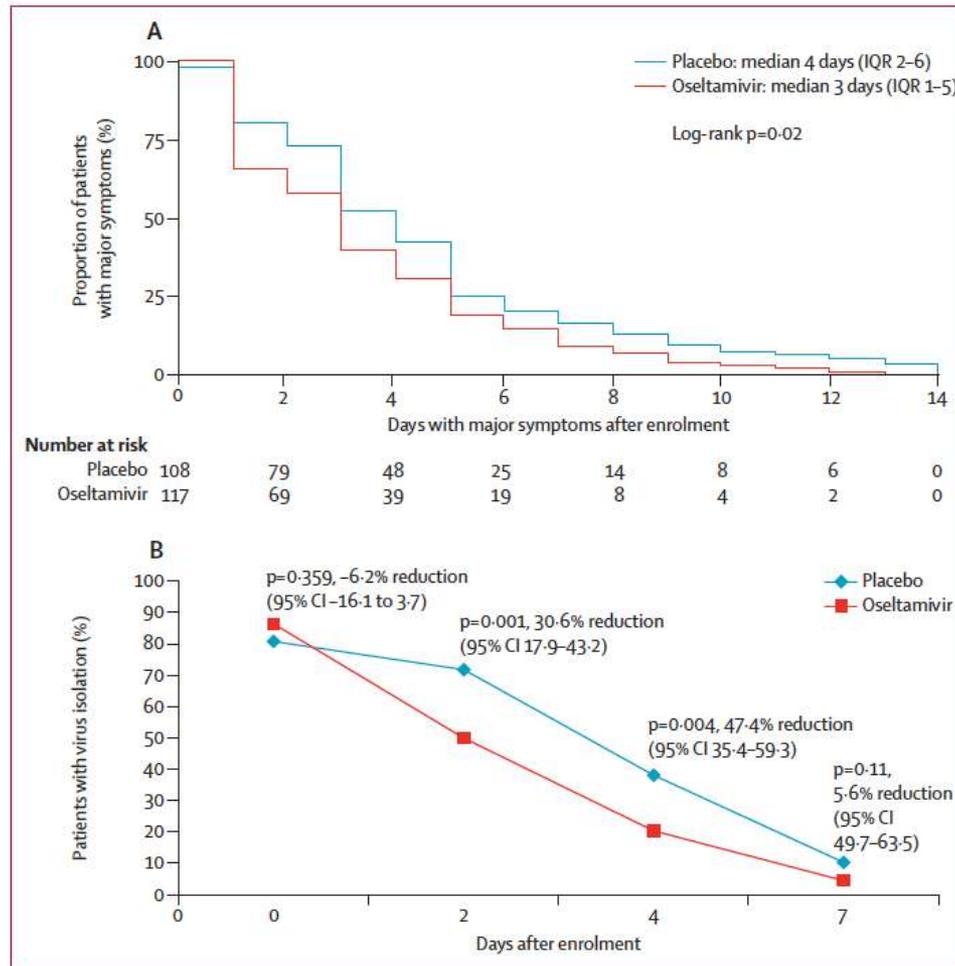
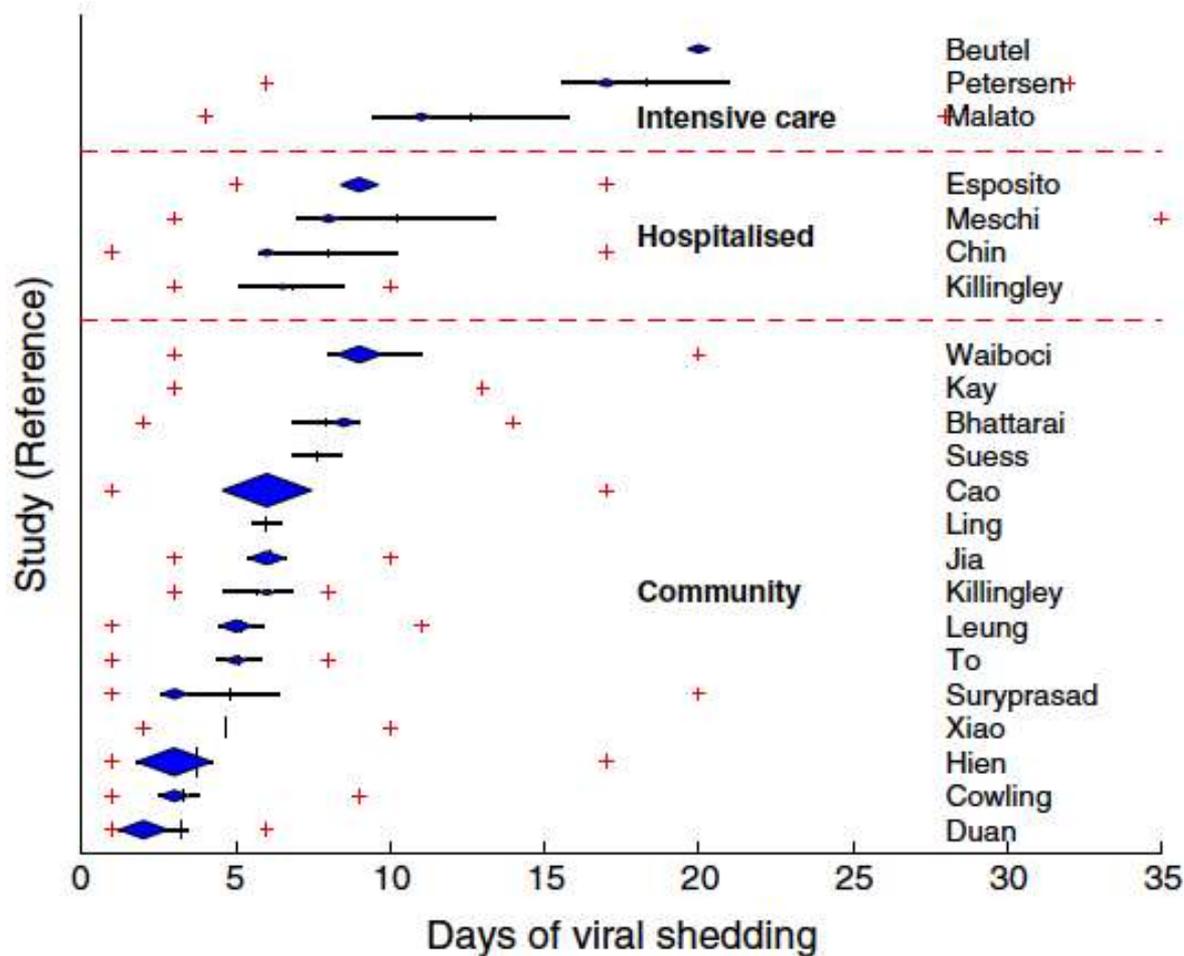


Figure 3: Kaplan-Meier curves of duration of (A) major symptoms (n=225) and (B) comparison of virus isolation in participants enrolled on day 3 after illness onset (n=216)

# Duration (and level) of viral shedding correlates with illness severity



# Duration of viral shedding correlates with length of hospital stay

**Table 3.** Factors associated with total length of stay (LOS) in 99 consecutive influenza patients recruited in the viral shedding study

Characteristics	Unadjusted median LOS (IQR), days*	Adjusted HR (95% CI) for hospital discharge <sup>†</sup>	P-value
<b>Prolonged viral RNA detection<sup>†</sup></b>			
Yes	18.0 (12.4–23.6)	0.36 (0.19–0.71)	0.003
No	6.0 (4.9–7.1)	1.00	
<b>Complication</b>			
Yes	8.0 (4.2–11.8)	0.31 (0.17–0.57)	<0.0001
No	5.0 (3.8–6.2)	1.00	
<b>Oseltamivir within 2 days</b>			
Yes	6.0 (4.6–7.4)	2.12 (1.30–3.47)	0.003
No	13.0 (7.3–18.7)	1.00	
<b>Influenza vaccination<sup>§</sup></b>			
Yes	5.0 (3.6–6.4)	2.14 (1.18–3.85)	0.012
No	7.0 (6.0–8.0)	1.00	

# Level of viral shedding correlates with length of hospital stay

## **ABSTRACT# LBP-5**

**Presentation Date:** Thursday, 25 August 2016

**Viral load and length of stay in adults hospitalised with viral acute respiratory illness**

Tristan Clark, Karl Nicholson

*University of Southampton, Southampton, Hampshire, United Kingdom*

**Conclusion:** High viral loads are associated with prolonged hospital length of stay in adults with viral acute respiratory illness. This further supports evidence suggesting that viral acute respiratory illness is a viral load driven process and suggests that viral load could be used in clinical practise to predict prolonged hospitalisation and prioritise antivirals.

# Should co-primary clinical & virological endpoints be considered?

*precedent from complicated UTIs*

## **Complicated Urinary Tract Infections: Developing Drugs for Treatment Guidance for Industry**

**U.S. Department of Health and Human Services  
Food and Drug Administration  
Center for Drug Evaluation and Research (CDER)**

February 2015

The primary efficacy endpoint should be a responder outcome.

- **Clinical and microbiologic response:** Resolution of the symptoms of cUTI present at trial entry (and no new symptoms) and the demonstration that the bacterial pathogen found at trial entry is reduced to fewer than  $10^4$  CFU/mL on urine culture (microbiological success).<sup>11</sup>

# Virological endpoints: challenges

- *Choice of specimen*
  - oral, nasal, nasopharyngeal
  - upper vs lower
- *Standardization*
  - specimen collection
  - sample quality
  - detection methods
- *Method of detection*
  - culture vs PCR
  - quantitation
- *Choice of endpoint*
  - time to viral clearance?
  - negativity at day x?
  - reduction of titers/kinetics (AUC)?
  - .....?

## **ABSTRACT# LBO-6**

**Session Name:** Late Breaking Oral Abstract Session

**Presentation Date:** Sunday, 28 August 2016

**Session Time:** 8:00 AM - 8:30 AM

**Oral Presentation Time:** 8:00 AM

### **The Evaluation of Virologic Endpoints for Efficacy Studies of Anti-influenza agent**

John Beigel, Michael Hughes, Yajing Bao, Michael Ison, Justin Hoopes, Chris Myers, Richard Davey

*Leidos in support of NIH/NIAID, Bethesda, MD, United States*

## **ABSTRACT# P-659**

**Presentation Date:** Saturday, 27 August 2016

### **Validation of Assays to Quantify Housekeeping Gene Expression to Determine the Impact of Sample Quality on Measured Viral Load in NP and OP Samples**

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# What is needed to study efficacy of antivirals in patients with severe influenza?

- Prospective & retrospective studies
  - to identify and validate appropriate ‘case definitions’ for severe influenza
  - to identify and validate appropriate clinical endpoints
  - to identify, standardize and validate virological endpoints
- Randomized controlled trials
  - need for improved efficiency
    - operational clinical networks?
    - novel (adaptive) designs?
  - controversy persists regarding oseltamivir efficacy for severe influenza
    - need for a placebo-controlled RCT in hospitalized patients?
  - only viable regulatory pathway at present = RCT in uncomplicated flu..?

**OPTIONS IX** *for*  
**THE CONTROL OF INFLUENZA**

24-28 AUGUST 2016

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**Thank you**